

FROM CAREER AND PERSONAL DEVELOPMENT

Before the Interview



Find The Perfect Place

- Find a quiet space with minimal background noise.
- Ensure you have a non-distracting background people walking by or a busy poster on your wall can take attention away from you.



Test your Internet Connection, Audio, and Camera

- Make sure you have a strong WiFi connection video requires it!
- Test your audio to make sure your microphone is working.
- Make sure your camera angle is good it's best to have your camera at eye level.
- Pro tip: Use books to raise your laptop to eye level!



Do a test run!

- Especially if the interview is using a platform you're not familiar with, do a test run so you don't spend time troubleshooting during your interview.
- Talk through a couple practice questions to calm your nerves.
- Pro tip: Test out some hand motions (talking with your hands). See how much of the screen they take up and be aware of your "box" to keep them in.

During the Interview



Come Dressed Professionally

- Just because it's a virtual interview, your appearance still matters.
- Pro tip: Dress professionally head-to-toe even though your interview only sees your top half. You never know if you'll have to get up to adjust something, and it helps your confidence.



Make "Eye Contact"

 Look at the camera instead of yourself. Looking at the camera makes it seem like you're making eye contact.



Be aware of your nonverbals

- Just like in an in-person interview, your nonverbal communication says a lot. Make sure you aren't crossing your arms and you keep talking with your hands to a minimum.
- Although it can be tempting, don't check your phone! Even if you try to hide it, your interviewer can see it.

CONTACT

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