

## FROM CAREER AND PERSONAL DEVELOPMENT

# **Before the Interview**



#### **Find The Perfect Place**

- Find a quiet space with minimal background noise.
- Ensure you have a non-distracting background people walking by or a busy poster on your wall can take attention away from you.



#### Test your Internet Connection, Audio, and Camera

- Make sure you have a strong WiFi connection video requires it!
- Test your audio to make sure your microphone is working.
- Make sure your camera angle is good it's best to have your camera at eye level.
- Pro tip: Use books to raise your laptop to eye level!



#### Do a test run!

- Especially if the interview is using a platform you're not familiar with, do a test run so you don't spend time troubleshooting during your interview.
- Talk through a couple practice questions to calm your nerves.
- Pro tip: Test out some hand motions (talking with your hands). See how much of the screen they take up and be aware of your "box" to keep them in.

# **During the Interview**



### **Come Dressed Professionally**

- Just because it's a virtual interview, your appearance still matters.
- Pro tip: Dress professionally head-to-toe even though your interview only sees your top half. You never know if you'll have to get up to adjust something, and it helps your confidence.



## Make "Eye Contact"

 Look at the camera instead of yourself. Looking at the camera makes it seem like you're making eye contact.



### Be aware of your nonverbals

- Just like in an in-person interview, your nonverbal communication says a lot. Make sure you aren't crossing your arms and you keep talking with your hands to a minimum.
- Although it can be tempting, don't check your phone! Even if you try to hide it, your interviewer can see it.

# CONTACT

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