

Rhythm of Nature  
by Emily Scheidegger

This semester I had the opportunity to have an independent study focusing on the creative outlook and process of human connect with nature. This involves a deep discussion with multiple people, intensive reading and analysis of papers and other poetry works that have inspired others and me throughout this process. A central connection or statement that has been a focus of this research so far is my internal connection through nature and how I or others align themselves with nature. This brings along the connection or another sub question of what the rhythm of nature is to them. A few goals that I have been able to achieve is a self-analysis and a reflection of my studies and putting them into quantitative creative outlets to inspire others to connect with nature as well. To get a better and more observant analysis of what their effects and reflections are on nature to hopefully inspire them to make a difference or change in this world. So far, the theme of this writing collection is rhythm of nature and a few selective essays of different themes that nature is surrounded by. An example of a few results is a micro- and macro-observation of two specific species of animals that are connected to an ecosystem in such an abstract view that an individual must analyze and reflect their own connection to nature in such a way that it creates a framework of connecting to something so intrinsic that any specific party can be affected differently. These collections of poems are hopefully able to drive people to change and make a difference to save our Earth from the Anthropocene.